



# AGEING IN AN INCLUSIVE SOCIETY:

## SOCIAL SUPPORT SYSTEM FOR OLDER PERSONS IN MALAYSIA

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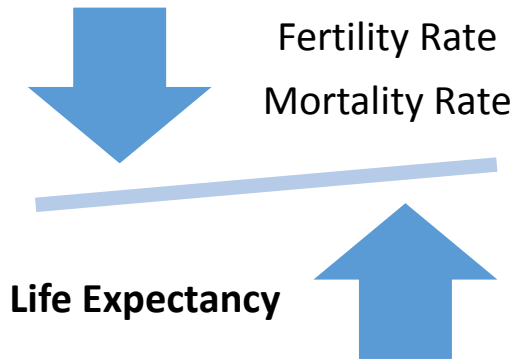
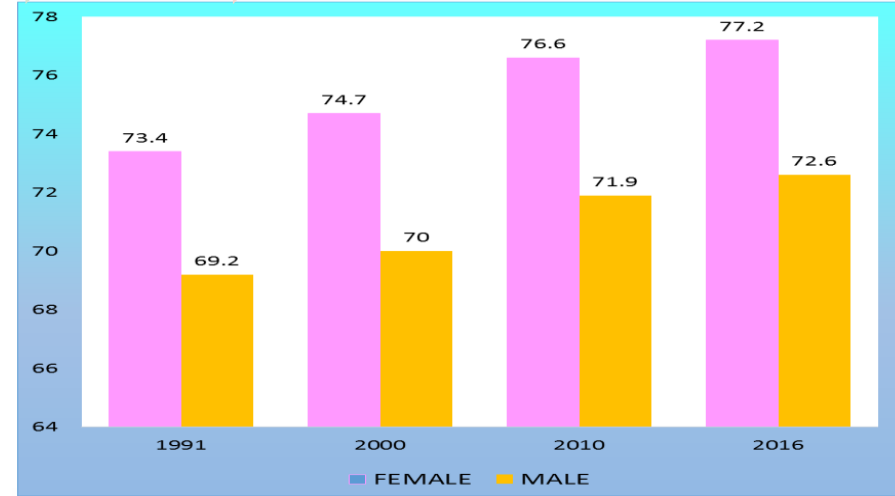
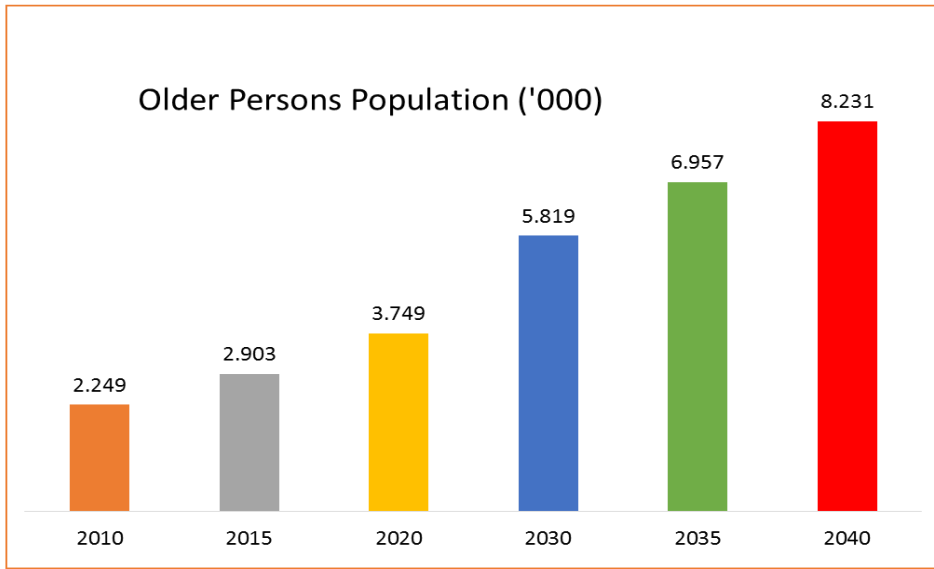
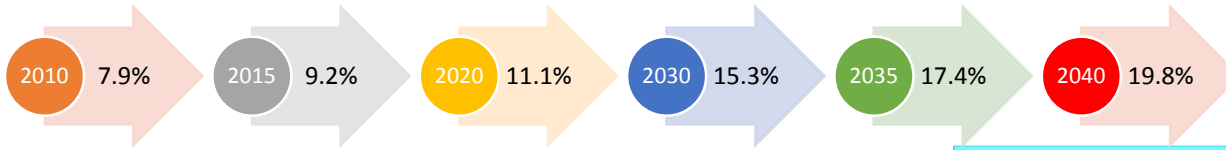
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# DEMOGRAPHIC & SCENARIO

## Malaysia : Aged Nation by 2030



**Life Expectancy:  
77.2 year**

**50.9%**



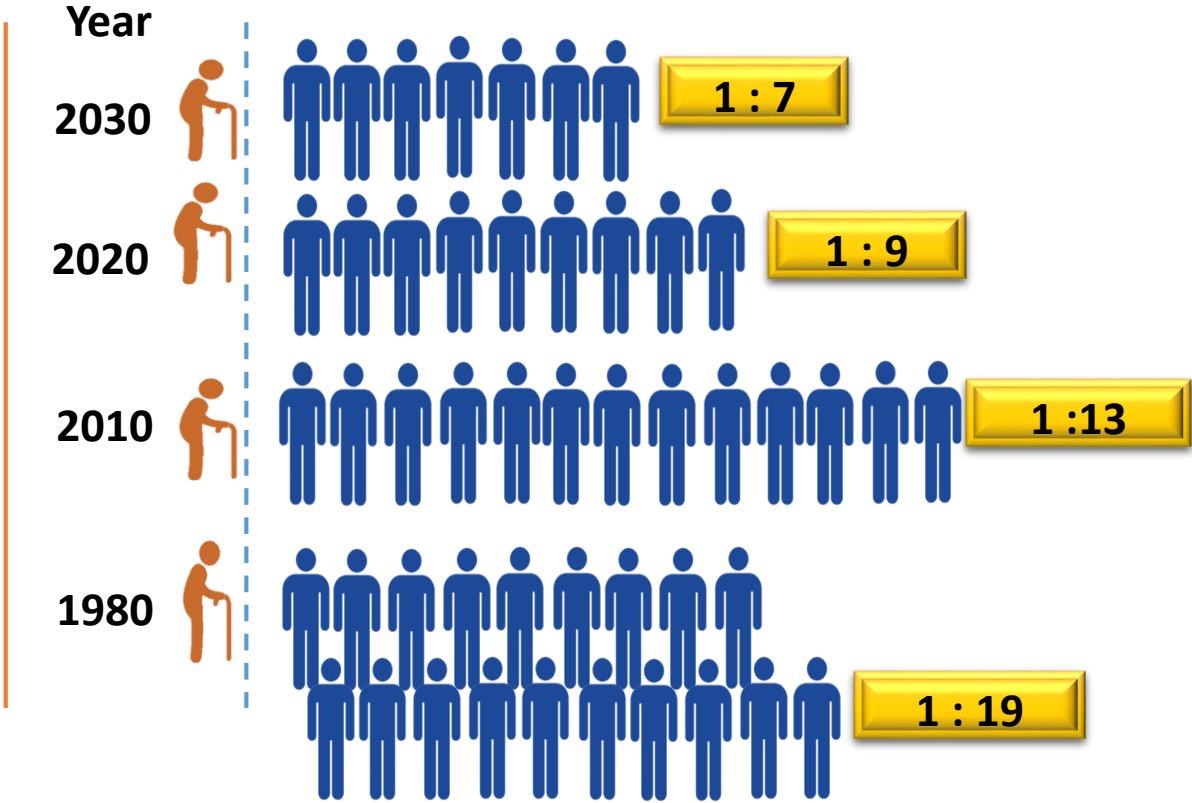
**Life Expectancy: 72.6  
year**

**49.1%**

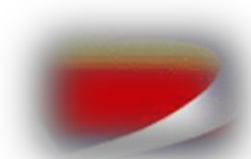
# Old-Age Burden Dependency



Old-age dependency ratio



Source : MyAgeing UPM Malaysia



## PRIORITY ISSUES FOR OLDER PERSONS

—We must be fully aware that while the developed countries became rich before they became old, the developing countries will become old before they become rich

- Gro Harlem Brundtland, WHO's Director-General



**Finance/Economy**



**Health**



**Emotion/Psychology**



**Family**



**Accessibility**

# NATIONAL POLICY FOR OLDER PERSONS (NPOPs), 2011

New policy after the NPOPs 1995 ended in 2005

## PHILOSOPHY

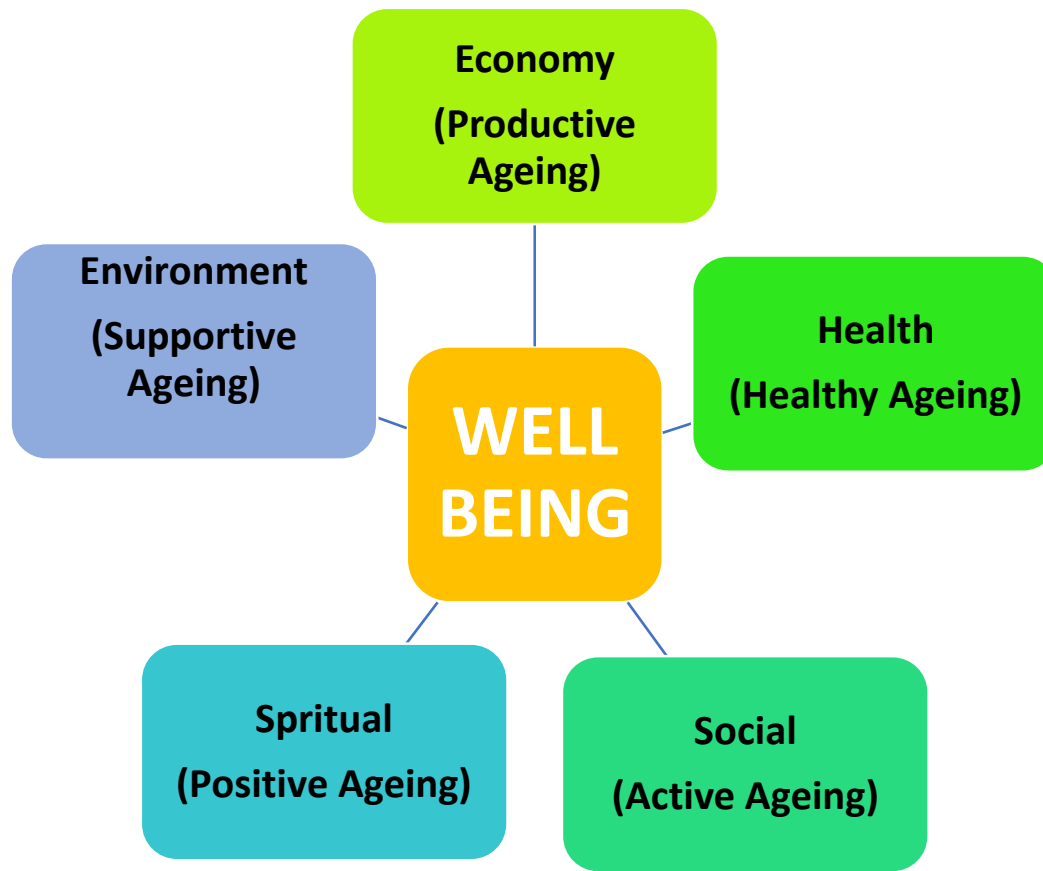
The National Policy on Older Persons acknowledges the older persons as citizens with varied background and experiences, have the rights to enjoy a comfortable and respected life and contribute to the development of the nation.



## POLICY STATEMENT

The National Policy on Older Persons is the Government's commitment to create older persons who are independent, with dignity, high sense of self-worth and respected by optimizing their self-potential through a healthy, positive, active, productive and supportive ageing to lead a well-being life.

# Five Dimensions Framework



# OBJECTIVES AND STRATEGIES OF NATIONAL POLICY FOR OLDER PERSONS, 2011

## OBJECTIVES

Develop caring communities to increase awareness on aging phenomenon

Create an effective and integrated delivery system on older persons

Facilitate access to lifelong learning

Enhance older persons' participation in community

Ensure protective and safe environment for the older persons

Encourage application of research findings on older persons program planning, monitoring and evaluation

## S T R A T E G Y

Promotion & Advocacy

Lifelong Learning

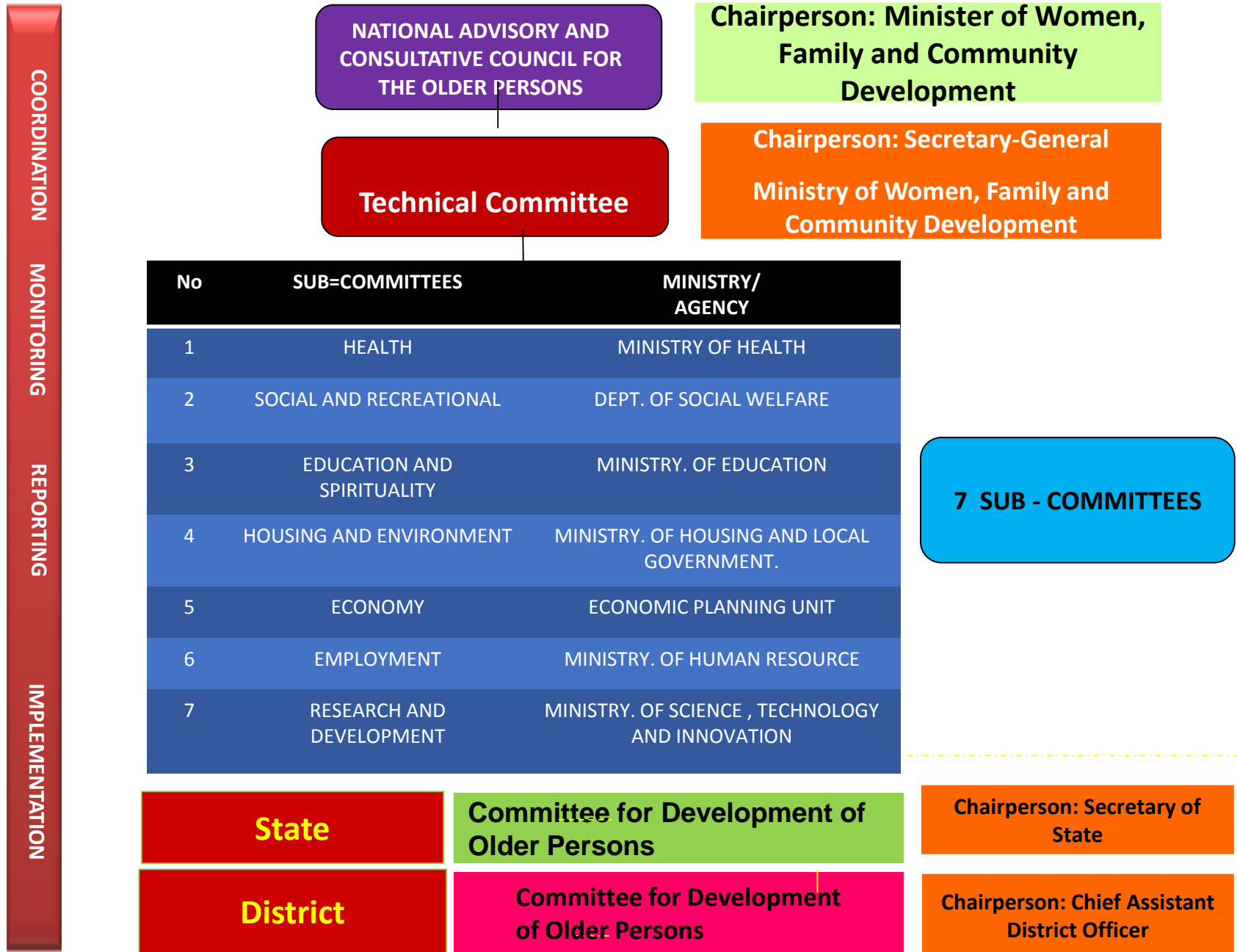
Security & Protection

Governance & Shared Responsibilities

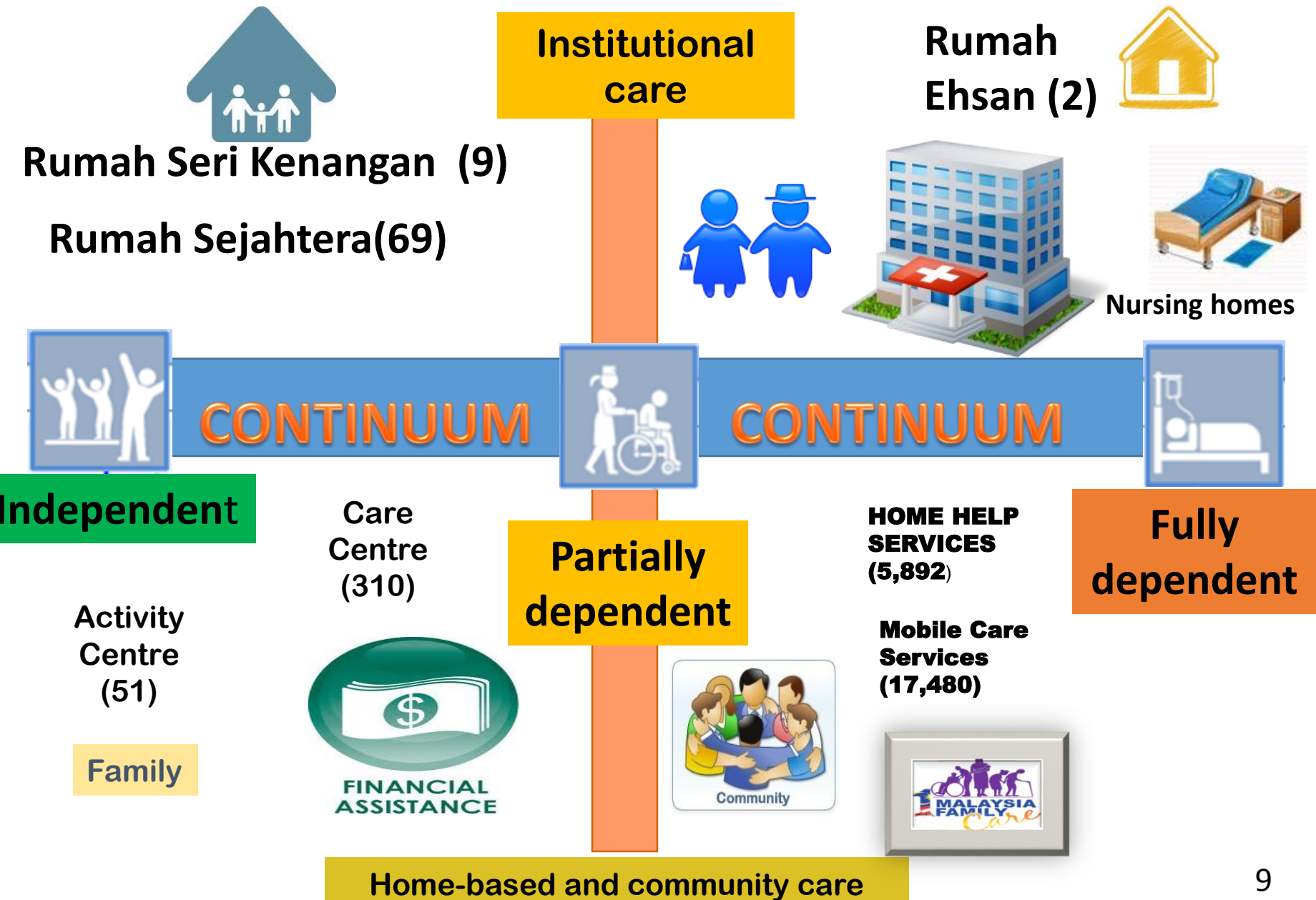
Participation & Unity across Generations

Research & Development

# Governance structure: National Policy for Older Persons, 2011



# SOCIAL SUPPORT SYSTEM FOR OLDER PERSONS



# ACTIVITY CENTRES

*Pusat Aktiviti Warga Emas (PAWE)*

- **ACTIVITIES AND PROGRAMMES** provided at the centres: indoor/outdoor games, health services and therapy, religious studies, skills training, volunteer services, economic empowerment programme and lifelong learning.
- **51** Activity Centres for Older Persons located throughout the country to organize activities and provide socialization platform for older persons.



# HOME HELP SERVICES

- OBJECTIVES : To provide care for Older Persons who are living alone.
- The service is available throughout the country via smart partnership with NGOs
- Currently, there are 2,150 volunteers providing services to 5,892 Older Persons.



# MOBILE CARE SERVICES

## *Unit Penyayang Warga Emas (UPWE)*



- This mobile care unit (UPWE) is a transportation service to shuttle older persons to hospitals/clinics.
- The service is operated by Central Welfare Council of Malaysia under the supervision of Department of Social Welfare .
- From 2008 until December 2016, this service has benefited 17,480 Older Persons.

# INSTITUTIONAL SERVICES



## HOME FOR THE OLDER PERSONS

- Homes for older persons are established to provide care and protection for better quality of older persons' life.
- Currently there are 9 Government run Home(s) (Rumah Seri Kenangan-RSK). An average of 1,800 residents have benefitted from the service at any time.
- There are also private run home(s) under the Care Centres Act 1993. There are currently 310 homes and 7000 residents have benefitted at any time.

## HOME FOR THE CHRONICALLY ILL *RUMAH EHSAN*



- The home is established for older persons with chronic illness or physically bed ridden
- The objective is to provide comfortable and tranquil surrounding, care, treatment and shelter
- There are **2 homes** operated by the Government throughout the country.
- At any time, **240 residents** on average can be housed in these homes.

# FINANCIAL ASSISTANCE

## OBJECTIVE:

- Help to ease the burden of care expenses faced by family of caregivers
- Promote better care to the target group and bedridden Chronic Patient.
- Improving the quality of life of the target groups involved.
- Avoid or minimize the entry of the relevant target groups to Welfare Institutions.
- Improve family welfare



## Bantuan Orang Tua (Elderly Financial Aid)

### Criteria

- Aged 60 years old and above;
- Single with no next of kin; and
- No fixed income

**RM 300 per month**

## Bantuan Pesakit Terlantar (Financial Aid for Bedridden Clients)

### CRITERIA

Applicant is caregiver who is family member of PWDs / Bedridden Chronic Patient.

- Malaysian citizen residing in Malaysia.
- Is providing care to a PWDs family member / bedridden Chronic Patient full time
- **Household Income not exceeding RM3,000 per month.**
- Families in need and cannot afford

**RATE : RM 300 per – month**

# ARTIFICIAL / SUPPORT EQUIPMENT ASSISTANCE

## OBJECTIVE:

Assisting older persons to purchase artificial/support equipment thus enabling them to improve their mobility.

## CRITERIA

- Provide recommendation from the doctor or medical specialist

RATE : Actual rate of artificial/support equipment



(a) Wheelchair, manual traction.



(b) Wheelchair, electric traction.



(c) Scooter.

# RESPITE CARE



Respite Care is an alternative service to assist older persons needing temporary placement.

It helps the guardian/children of the older persons who are unable to attend to their loved ones due to various temporary circumstances.

Services provided include care and protection including basic needs

Currently, DSW is promoting the service at RSK Cheras as a pilot project.

# ANNUAL GRANT FOR NGOs

- Annual Grants are provided for NGOs that give services to Older Persons.
- In 2016, 25 NGOs receive financial assistant from the Government



# THE WAY FORWARD

- **Expand community based and outreach program**
- **Enhance multi sectoral collaboration at national and international level**
- **Promote volunteerism**
- **Advocate positive aging and aging in place**
- **Strengthen caregivers and care providers with relevant skills**
- **Productive Welfare and Economic Empowerment Program.**



# THANK YOU

## *Terima Kasih*

**"Aging is not lost youth but a new stage of opportunity and strength." Betty Friedan (1921-2006)**



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